



## Mouthguard Release and Waiver

The risk of serious injury to the mouth is inherent in virtually any sport or activity that might result in trauma to the head. Therefore, it is important that you or your child wear a mouthguard while participating in any of these sports or activities.

As part of an educational program to encourage participants to understand the benefits of wearing a mouthguard, \_\_\_\_\_ is either providing or recommending its use.

The wearing of a mouthguard of any kind cannot prevent injuries from occurring. However, in most cases it may help reduce the degree of severity of injuries.

*I have read and understand the above information. By my signature below I release the above-named individual from all liability of any kind resulting from sporting injuries including aspiration, and/or the providing of the mouthguard, and waive all claims related thereto.*

\_\_\_\_\_

**Recipient Signature**

\_\_\_\_\_

**Recipient (Printed)**

\_\_\_\_\_

**Date**

\_\_\_\_\_

**Parent/Guardian Signature**

\_\_\_\_\_

**Parent/Guardian (Printed)**

\_\_\_\_\_

**Date**